WEYMOUTHHealth Needs Assessment

This survey is to be filled out by the adult in your household whose birthday is coming up next

If you need additional assistance in completing this survey please call Carolyn Mansfield at 617-482-9485.

May 2002





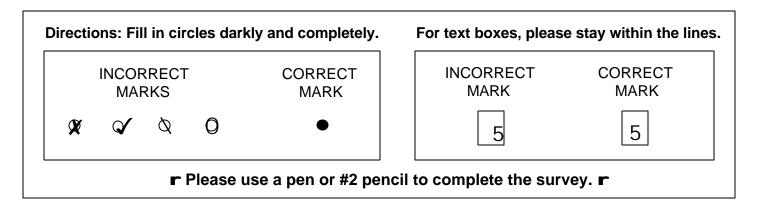
Please Read Carefully

Information and Instructions for Completing the Survey

Thank you for your willingness to complete this important survey. This survey is part of the Town of Weymouth's Health Needs Assessment. Your responses to this survey will be extremely helpful as the town works to set priorities, develop stronger health and social service programs, and advocate for the health of those living in Weymouth.

Your responses are completely confidential and your participation is voluntary. Information will never be presented in a way that could identify individual respondents. Access to completed surveys is restricted to members of the research team at John Snow, Inc. and questionnaires will be destroyed after the results have been compiled. If there is any question that you would prefer not to answer, you can skip over it. However, your response to each question is important to the project.

The adult in your household whose birthday is coming up next should complete this survey. This will help us to ensure that we obtain a representative sample of adults living in Weymouth. There are sections of the survey that will ask questions about different members of your household. In some sections you will be asked to answer questions about yourself. In other sections you will be asked about the children, adolescents or other adults in your household. The person filling out the survey should feel free to consult with other household members for information when completing the survey.



If you have any questions or comments about this survey, please call Carolyn Mansfield at John Snow, Inc. (617-482-9485).

THANK YOU



SECTION A. HOUSEHOLD

The questions in this section ask for information about you and your household.

| A1. How long have you lived in Weymouth? | A7. Have you tested the battery of the smoke | | | | |
|---|---|--|--|--|--|
| O Less than 1 year | detectors in your home (by pushing the "test" button) in the last month? | | | | |
| O 1 to 5 years | O Yes | | | | |
| ○ 6 to 10 years | O No | | | | |
| O 11 to 20 years | O Don't have smoke detectors. | | | | |
| O More than 20 years | DON'T HAVE SHOKE detectors. | | | | |
| A2. Please check the response that best describes your housing arrangement: | A8. Do you use a water treatment device or water filtration system in your home (for example, | | | | |
| O In public/subsidized housing | Brita tap or jug filters, undersink filter)? | | | | |
| O Rent a house, apartment or room | ○ Yes ○ No | | | | |
| Own a house or condo | A9. Do you use public water for regular | | | | |
| ○ In a friend or relative's home | household use (including drinking, bathing and cooking)? | | | | |
| ○ "In-law" type apartment | ○ Yes ○ No | | | | |
| ○ Other: | | | | | |
| 40.14 | A10. Do you have a swimming pool at your residence? | | | | |
| A3. Was your home built before 1978? | ○ Yes ○ No [SKIP TO A12] | | | | |
| ○ Yes ○ No ○ Don't know/not sure [SKIP TO A5] | A11. If yes, do you have a four-sided fence with a self-locking gate around the pool? | | | | |
| A4. If yes, has your home been tested and professionally treated, if necessary, for lead? | ○ Yes ○ No | | | | |
| O Not tested | A12. Do you have a wooden deck at your home? | | | | |
| O Tested, not treated | ○ Yes ○ No [SKIP TO A13] | | | | |
| O Tested and treated | A12a. If yes, does it have any | | | | |
| O Don't know/not sure | pressure-treated lumber? | | | | |
| A5. Have you had your home tested for radon (using a home test kit or a professional service)? | ○ Yes ○ No ○ Don't know/not sure | | | | |
| ○ Yes ○ No ○ Don't know/not sure | A13. Do you have wooden lawn furniture at your home? | | | | |
| | ○ Yes ○ No [SKIP TO A14] | | | | |
| A6. Do you have working smoke alarms in your home? | A13a. If yes, does it have any | | | | |
| ○ Yes ○ No ○ Don't know/not sure | pressure-treated lumber? | | | | |
| | ○ Yes ○ No ○ Don't know/not sure | | | | |
| | 26553 | | | | |

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| A14. Do you have a woode your home? O Yes O No [SKIP To A14a. If yes,does it have | O A15] | income including a income (i.e., wage | your total annual household all sources and types of s, public assistance, child ncome, social security): | | | |
|--|-----------------------|---|---|--|--|--|
| pressure-treated lu | | ○ \$ 0-\$14,999 | \$50,000-\$74,999 | | | |
| ○ Yes ○ No ○ | Don't know/not sure | ○ ₩0-₩1 4 ,999 | Ο ψου,ουο-φ <i>τ</i> 1 ,999 | | | |
| | | ○ \$15,000-\$24,999 | ○ \$75,000-\$124,999 | | | |
| A15. Which of the following | - | ○ \$25,000-\$34,999 | ○ \$125,000 or more | | | |
| services within Weymou the past 6 months? (MARK ALL THAT APPL) | • | ○ \$35,000-\$49,999 | | | | |
| O MBTA Buses | | | | | | |
| O Ferry/ Water Shuttle | | A18. Do you have a phome? | personal computer in your | | | |
| O Commuter Rail | | ○ Yes ○ No I | SKIP TO Page 3] | | | |
| ○ The Ride | | A19. If yes, do you have access to the internet in your home? | | | | |
| O Wheelchair Car | | | | | | |
| ○ Taxi | | ○ Yes, dia | I-up access | | | |
| Other Elder Services | Fransportation | O Yes, high-speed access | | | | |
| Other | · | ○ No interi | net access in the home [SKIP TO Page 3] | | | |
| O None of these | | | | | | |
| A16. Have you missed any o because you did not hav (MARK ALL THAT APPL) | e any transportation: | | installed any parental ware that puts a block on | | | |
| Medical appointment | , ○ Work | O No childi | ren in the home | | | |
| - Modiodi appointmont | - Work | ○ No | | | | |
| O Meetings | O School | | | | | |
| O Social events | Other — | | | | | |
| O Church | O None of the above | | | | | |
| | | | | | | |





The questions in this section ask for information about each adult (18 years old and above) living in your household. Please take care to report as accurately as possible. If there are more than 3 other adults besides yourself living in your household, please provide information on yourself and the three oldest members.

You should feel free to consult with other household members for information when completing the survey.

| B1. Including yourself, how mar and older live in your housel | 01 02 | 03 04 | ○ 5 or more | | |
|--|---|--|---|--|--|
| | Yourself | Adult #2 | Adult #3 | Adult #4 | |
| B2. Adult's year of birth: | year | year | year | year | |
| B3. Adult's gender: | O Male O Female | O Male O Female | - Iviaic | | |
| B4. What is the adult's current marital status? | MarriedLiving with partnerDivorcedWidowedSeparatedSingle | O Married O Living with partner O Divorced O Widowed O Separated O Single | O Married O Living with partner O Divorced O Widowed O Separated O Single | | |
| B5. What is the relationship of the adult to you? | | O Spouse/Partner O Parent O Child O Grandparent O Other relative O Friend/roommate O Other: | O Spouse/Partner O Parent O Child O Grandparent O Other relative O Friend/roommate O Other: | O Spouse/Partner O Parent O Child O Grandparent O Other relative O Friend/roommate O Other: | |
| B6. Adult's race: (MARK ALL THAT APPLY) | O White O Black/African Amer. O Asian O Hispanic O Pacific Islander O Amer.Ind/AKNative O Other: | O White O Black/African Amer. O Asian O Hispanic O Pacific Islander O Amer.Ind/AKNative O Other: | O White O Black/African Amer O Asian O Hispanic O Pacific Islander O Amer.Ind/AKNative O Other: | O White O Black/African Amer. O Asian O Hispanic O Pacific Islander O Amer.Ind/AKNative O Other: | |



| | Yourself | Adult #2 | Adult #3 | Adult #4 |
|--|---|---|--|---|
| B7. What is the adult's highest grade or level of school completed? | Up to 8th grade Some high school HS grad/GED Some college Associate's degree Bachelor's degree Grad/prof degree | O Up to 8th grade O Some high school O HS grad/GED O Some college O Associate's degree O Bachelor's degree O Grad/prof degree | O Up to 8th grade O Some high school O HS grad/GED O Some college O Associate's degree O Bachelor's degree O Grad/prof degree | O Up to 8th grade O Some high school O HS grad/GED O Some college O Associate's degree O Bachelor's degree O Grad/prof degree |
| B8. What is the adult's sexual orientation? | O Heterosexual O Bisexual O Gay/Lesbian | O Heterosexual O Bisexual O Gay/Lesbian | O Heterosexual O Bisexual O Gay/Lesbian | O Heterosexual O Bisexual O Gay/Lesbian |
| B9. Check the option that best describes the adult's current employment status (Full-time is defined as more than 35 hours per week.) B10. Has the adult ever had | O Work full time O Work part time O Not working for pay | Work full time Work part time Not working for pay | ○ Work full time ○ Work part time ○ Not working for pay | O Work full time O Work part time O Not working for pay |
| trouble getting services or help because of a language barrier? | O Yes O No | O Yes O No | O Yes O No | O Yes O No |
| B11. How many close friends or relatives does the adult see at least once a month? | 01-34-7More than 7 | 01-34-7More than 7 | 0 00 1-30 4-70 More than 7 | O 0 O 1-3 O 4-7 O More than 7 |
| B12. To which of the following groups does the adult belong? (MARK ALL THAT APPLY) | No groupsSocial groups(s)Church group(s)Volunteer group(s)Other group(s) | O No groups O Social groups(s) O Church group(s) O Volunteer group(s) O Other group(s) | No groupsSocial groups(s)Church group(s)Volunteer group(s)Other group(s) | O No groups O Social groups(s) O Church group(s) O Volunteer group(s) O Other group(s) |

| | Yourself | Adult #2 | Adult #3 | Adult #4 |
|---|--|--|--|--|
| B13. Does the adult sometimes have trouble understanding medical terminology that his/her health care provider tells him/her? | O Yes O No |
| B14. Is the adult limited, because of physical, mental or emotional problems? | O Yes O No |
| B15. Does the adult have any health problems that require the use of any of the following special equipment? (MARK ALL THAT APPLY) | O Not needed O Wheelchair O Cane/walker O Special bed O Special print/phone O Other: | O Not needed O Wheelchair O Cane/walker O Special bed O Special print/phone O Other: | O Not needed O Wheelchair O Cane/walker O Special bed O Special print/phone O Other: | O Not needed O Wheelchair O Cane/walker O Special bed O Special print/phone O Other: |
| B16. Does the adult need help handling personal care needs such as eating, bathing or getting around the house? | ○ Yes ○ No | O Yes O No | O Yes O No | O Yes O No |
| B17. Does the adult need help handling every day chores such as going to the bank or shopping? | O Yes O No | ○ Yes ○ No | O Yes O No | ○ Yes ○ No |
| B18. Does the adult have any medications he/she takes on a regular basis? | O Yes O No [SKIP TO B20] | ○ Yes ○ No [SKIP TO B20] | ○ Yes ○ No [SKIP TO B20] | O Yes O No [SKIP TO B20] |
| B19. If yes, does the adult have trouble managing taking these medications? | O Yes O No |
| B20. Has the adult ever had a heart attack? | O Yes O No |
| B21. Has the adult ever been treated for heart failure? (For example, had fluid in the lungs or told the heart was not pumping well.) | ○ Yes ○ No | ○ Yes ○ No | ○ Yes ○ No | O Yes O No |



| | Yourself | | Adu | lt #2 | Adult #3 | | Adult #4 | |
|--|----------|------|-------|-------|----------|------|----------|------|
| B22. Has adult ever been diagnosed with any of the following: | | | | | | | | |
| a. Lupus | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| b. Myasthenia gravis | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| c. Thyroid disorder | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| d. Any other autoimmune disease? | O Yes | ○ No | ○ Yes | O No | O Yes | O No | O Yes | O No |
| B23. Has the adult ever been diagnosed with any disease of the kidney? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| B24. Has the adult ever been diagnosed with diabetes? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| B25. Has the adult ever been diagnosed with HIV/AIDS? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| B26. Has the adult ever been diagnosed with hepatitis A or B? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| B27. Has the adult ever been diagnosed with hepatitis C? | O Yes | O No | O Yes | O No | O Yes | O No | ○ Yes | O No |
| B28. Has adult ever been diagnosed with any of the following: | | | | | | | | |
| a. Multiple Sclerosis | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| b. Alzheimer's | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| c. Parkinson's | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| d. Lou Gehrig's Disease/ALS | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| e. Any other neuro- degenerative disease? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |



| | Yourself | Adult #2 | Adult #3 | Adult #4 |
|--|--------------------------------|--------------------------------|--------------------------------|-------------------------------|
| B29. Has adult ever been diagnosed with any type of cancer? | O Yes O No If yes, what type? | O Yes O No If yes, what type? | O Yes O No If yes, what type? | ○ Yes ○ No If yes, what type? |
| B30. Has adult ever been diagnosed with aplastic anemia? | O Yes O No | O Yes O No | O Yes O No | O Yes O No |
| B31. Has adult ever been diagnosed with any of the following: | | | | |
| a. Emphysema/COPD | O Yes O No | O Yes O No | O Yes O No | O Yes O No |
| b. Chronic Bronchitis | O Yes O No | O Yes O No | O Yes O No | O Yes O No |
| c. Asthma (even only as a child) | ○ Yes ○ No | ○ Yes ○ No | ○ Yes ○ No | O Yes O No |
| d. Any other problems with breathing? | ○ Yes ○ No | O Yes O No | O Yes O No | ○ Yes ○ No |
| B32. During the past 12 months, has the adult had a flu shot? | O Yes O No | O Yes O No | O Yes O No | ○ Yes ○ No |
| B33. During the past 12 months, has the adult had a pneumonia shot? | ○ Yes ○ No | O Yes O No | O Yes O No | O Yes O No |
| B34. Has the adult every received a vaccination for any type of hepatitis? | ○ Yes ○ No | O Yes O No | O Yes O No | O Yes O No |
| B35. Does the adult smoke tobacco regularly? | O Yes O No | O Yes O No | O Yes O No | O Yes O No |
| B36. Does the adult smoke tobacco in the home? | ○ Yes ○ No | ○ Yes ○ No | O Yes O No | O Yes O No |



SECTION C. YOUR PERSONAL MEDICAL CARE

The questions in this section ask for information about your health, your health care insurance coverage, and the health care services you have received over the past 12 months.

| C1. Would you say in general your health is: | C6. If you have Medicare, do you also |
|---|--|
| ○ Excellent | purchase supplemental or Medigap insurance? |
| O Very good | |
| ○ Good | ○ No ○ Yes ○ Don't have Medicare |
| ○ Fair | C7. Who pays for your health insurance? |
| O Poor | (CHOOSE ONE ONLY) |
| C2. Compared to one year ago, how would you | ○ You or another individual pays all |
| rate your health in general now? | O Employer pays a portion of the cost |
| O Much bottor now than one year ago | O Employer pays all of the cost |
| Much better now than one year agoSomewhat better now than one year ago | O The government pays a portion of the cost |
| About the same as one year ago | ○ The government pays all of the cost |
| Somewhat worse now than one year ago | [SKIP TO C9] |
| Much worse now than one year ago | - |
| C3. Do you currently have any health insurance? O Yes O No [SKIP TO C8] | C8. If you do not currently have health insurance or you have not had insurance in the past 12 months, what are the reasons why? (MARK ALL THAT APPLY) |
| C4. During the past 12 months, was there any time that you did not have any health insurance or coverage? | Always had health insurance in past 12 monthsMy employer does not offer it |
| ○ Yes ○ No | ○ I am self-employed |
| C5. What kind of health insurance do you | O I can't afford it |
| have? (MARK ALL THAT APPLY) | O I am healthy and don't think I need it |
| O Medicare | Other: |
| Medicaid/Mass Health | |
| O The military, CHAMPUS, TriCare or VA | C9. Do you have at least one person who you |
| O Private health plan or managed care (HMO) | think of as your personal doctor or primary care provider? O Yes O No |





| C1 | 0. About how long has it been since you last visited a primary care provider for a routine check-up? |
|----|--|
| | O Within the past year |
| | ○ 1 - 2 years ago |
| | ○ 3 - 5 years ago |
| | O More than 5 years ago |
| | O Never |

е (CHOOSE ONE ONLY)

- O A doctor's office or HMO
- O A clinic or health center
- A hospital outpatient department
- A hospital emergency room
- O An urgent care center
- O Someplace else

C12. In the last 12 months, how many times did you go to an emergency room to receive medical care?

- O None 0 1-2 0 3-4 ○ 5 or more
- C13. How long has it been since you last visited a dentist or dental clinic for any reason?
 - O Never [SKIP TO C15]
 - O Within the past year [SKIP TO C15]
 - 1 2 years ago
 - 3 5 years ago
 - More than 5 years ago
 - C14. What is the main reason you have not visited the dentist in the last year? (CHOOSE ONE ONLY)
 - Fear, apprehension, pain, dislike going
 - O Cost
 - O Do not have/know a dentist
 - O Cannot get to the office/clinic
 - O No reason to go (no problems with teeth)
 - Other priorities

| C15. About how long has it been since you had | |
|---|---|
| your blood pressure taken by a doctor, nurs | е |
| or other health professional? | |

- O Within the past 6 months
- 6 months 1 year ago
- O 1 2 years ago
- O 3 5 years ago
- O More than 5 years ago
- O Never [SKIP TO C18]
- C16. Have you ever been told by a doctor, nurse or other health professional that you have high blood pressure?
 - O Yes No [SKIP TO C18]

C17. If yes, are you taking any medication for your high blood pressure?

- O Yes \circ No
- C18. Have you received a colonoscopy in the past 12 months?
 - Yes No Don't know/not sure

C19. About how long has it been since you last had your blood cholesterol checked?

- Within the past 6 months
- 6 months 1 year ago
- 0 1 2 years ago
- 3 5 years ago
- O More than 5 years ago
- O Never [SKIP TO C21]
- O Don't know/not sure

C20. Have you ever been told by a doctor, nurse or other health professional that your blood cholesterol is high?

| \sim \ | / | O NIa | \sim Γ | | | not sure |
|----------|----|---------|-----------------|---------|-------|----------|
| O Y | es | \circ | \cup \cup | JON T.I | know/ | not sur |





| C21. Have you ever been told by a doctor that you have asthma? | C28. Have you ever taken a course or class on how to manage your diabetes |
|---|---|
| ○ Yes ○ No [SKIP TO C24] | yourself? |
| C22. Do you still have asthma? | ○ Yes ○ No |
| ○ Yes ○ No [SKIP TO C24] C23. In the past 12 months, how many times have you received urgent (emergency) care services for your asthma? | C29. Have you had shortness of breath either when hurrying on the level or walking up a slight hill? O Yes O No |
| None 1-2 3-5 6 or more C24. Have you ever been told by a doctor that you have diabetes? Yes, but only during pregnancy | C30. Have you ever been awakened by trouble breathing or shortness of breath, other than when you had a cold? O Yes O No |
| ○ Yes ○ No [SKIP TO C29] | C31. Have you ever had swelling in both ankles and/or legs that worsens as the day goes on? |
| C25. How long has it been since your last scheduled diabetes visit with a primary care provider, opthamalogist, podiatrist or other diabetes-related medical provider? | Yes, but only during pregnancyYesNo |
| O Less than 6 months | C32. What is your current height? |
| ○ 6 to 12 months | O Don't know |
| ○ 1 to 2 years | |
| ○ 2 or more years | feet inches |
| C26. Is your diabetes treated by any of the following: (MARK ALL THAT APPLY) ○ Modifying your diet | C33. What is your current weight? O Don't know |
| Medications taken by mouth | pounds |
| Insulin injections | C34. Do you perceive your weight to be: |
| O Not being treated | ○ Just right ○ Overweight ○ Underweight |
| C27. Have you ever had any sores or irritations on your feet that took more than four weeks to heal? | C35. Has a doctor ever given you advice about your weight? |
| O Yes O No | ○ Yes ○ No |



| C36. During the past year, have you lost 10 pounds or more without wanting to? O Yes O No O Don't know/not sure C37. During the past year, have you gained 10 pounds or more without wanting to? O Yes O No O Don't know/not sure | C40. Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good? |
|--|--|
| C38. Has a doctor or any other health care provider ever told you that you have any of the following major impairments or health problems? (MARK ALL THAT APPLY) | C41. Do you have someone you can trust and confide in? O Yes O No |
| Arthritis/rheumatismBack or neck injury | C42. During the past 30 days, for about how many days have you felt sad, blue, or depressed? |
| Fractures, bone/joint injury Osteoporosis Eye/vision problem Hearing problem Stroke problem Depression/anxiety/emotional problem Sexually transmitted or venereal disease Other impairment/problem No major impairment or health problem | C43. During the past 30 days, for about how many days have you felt worried, tense, or anxious? days C44. During the past 30 days, for about how many days have you felt you did not get enough rest or sleep? |
| C39. Thinking about your physical health, which includes physical illness or injury, for how many days during the past 30 days was your physical health not good? days | C45. During the past 30 days, for about how many days have you felt very healthy and full of energy? |



| 46. Are you the primary care another adult with a chroni health condition? | | FEMALE RESPONDENTS ONLY: | | | | |
|--|-------------------------|---|--|--|--|--|
| ○ Yes ○ No [SKIP TO C53 | if female /C58 if male] | C53. Indicate which of the following services you have received in the past 12 months: (MARK ALL THAT APPLY) | | | | |
| C47. What is your relation recipient? | ship to the care | Pap smearBreast exam (by a medical provider) | | | | |
| Spouse/Partner | ○ Sibling | O Mammogram | | | | |
| O Daughter | ○ Friend | O Bone density check | | | | |
| ○ Son | ○ Neighbor | O None of the above | | | | |
| O Daughter-in-law | O Grandchild | C54. Have you ever tried to conceive a child for a period of 12 months or more and | | | | |
| O Son-in-law | Other relative | been unable to get pregnant? | | | | |
| ○ Parent | | ○ Yes ○ No | | | | |
| | | C55. Have you ever been pregnant, even if it did not result in a live birth? | | | | |
| C48. Do you receive forms services from an organ to help with your careg responsibilities? O Yes O No | nization or group | ○ Yes ○ No [SKIP TO PAGE 12] C56. If yes, how many times have you been pregnant? □ pregnancies C57. How many babies have been born (alive at birth) to you? □ live births | | | | |
| C49. Do you reside in the with the care recipient Yes No C50. Are other family or fr | ? | | | | | |
| providing care for this | individual? | | | | | |
| ○ Yes ○ No | | MALE RESPONDENTS ONLY: | | | | |
| C51 Have you missed wor important appointment your caregiving role? | | C58. Indicate which of the following services you have received in the past 12 months: (MARK ALL THAT APPLY) | | | | |
| ○ Yes ○ No | | Prostate examTesticular exam (by a medical provider) | | | | |
| | | None of the above | | | | |
| C52. Would you say that p | providing this care | | | | | |
| is: ○ Not at all stressful | | C59. Have you ever tried for a period of 12 months or more to father a child and have | | | | |
| Not at all stressful Somewhat stressful | | been unsuccessful? | | | | |
| Quite stressful | | ○ Yes ○ No | | | | |
| Extremely stressful | | | | | | |
| | | | | | | |
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SECTION D. BEHAVIOR, SAFETY & ENVIRONMENT

The questions in this section ask for information about your health-related behaviors, overall safety, and work and home environments.

| D1. When you drive or ride in a vehicle, how often do you use a seat belt? | • | ninking about quitting? | | |
|---|--|--|--|--|
| O I don't ride in any cars or trucks | O In the next 6 n | nonths | | |
| Never | O In the next 3 n | nonths | | |
| ○ Rarely | In the next mo | onth | | |
| O Sometimes | | | | |
| Most of the timeAlways | D8. During the past mont days did you have any | | | |
| - / waye | O No days [SKIP TO | D11] | | |
| D2. In the past 12 months, how often have you worn a helmet when riding a bike? | ○ 1-4 days ○ 5-10 days | | | |
| O I haven't ridden a bike in the past year | ○ 11-20 days | | | |
| O Never | 21 or more days | | | |
| O Rarely | ○ 21 of more days | | | |
| ○ Sometimes | _ | h, on a typical day that | | |
| O Most of the time | you drank, about to drink? | how much did you have | | |
| O Always | | 12-ounce can or bottle of | | |
| D3. During the past 30 days, other than your regular job, did you participate in any physical activity such as running, calisthenics, golf, | beer, or a 4-ounce glass of wine, or a 12-ounce wine cooler, or a 1-ounce shot glass of liquor or spirits (alone or in a mixed drink). | | | |
| gardening, or walking for exercise? | No drinks | O Five drinks | | |
| ○ Yes ○ No | ○ One drink | O Six drinks | | |
| D4. What is your cigarette smoking behavior? | ○ Two drinks | O Seven drinks | | |
| (CHOOSE ONLY ONE) | ○ Three drinks | O Eight or more drinks | | |
| O Currently a smoker | ○ Four drinks | g oo. o | | |
| O Never smoked | | | | |
| O Ex-smoker [SKIP TO D8] | | nth, how often have you inks in one sitting? | | |
| D5. On average, how many cigarettes a day | ○ Never | | | |
| do you smoke now? | ○ 1-4 days this | past month | | |
| O None [SKIP TO D8] | ○ Once a week | | | |
| O 1-10 | ○ Several times | /week | | |
| ○ 11-20 | | | | |
| ○ 21-40 | D11. In the past 12 month | | | |
| O More than 40 | of the following substa (MARK ALL THAT APF | | | |
| D6. Are you thinking about quitting | Marijuana/Hashish | O Special K (Ketamine) | | |
| smoking in the next 6 months? | Cocaine | Other | | |
| ○ Yes ○ No [SKIP TO D8] | ○ Heroin | ○ None | | |
| | ○ Ecstasy (X) | | | |





| D12. In the past month, while under the influ | | | D18. Do you have any dogs, cats or birds as pets in your home? O Yes O No | | |
|---|-------------|---------------------|---|--|--|
| drugs? ○ Yes ○ No | | | ores ono | | |
| ○ Yes ○ No | | | D19. Over the past year, have you noticed | | |
| D13. In the past month, | | | mold or mildew in your home? | | |
| car with a driver who influence of alcohol | | | ○ Yes ○ No | | |
| ○ Yes ○ No | J | | D20. In the past 12 months, how often have you used sunblock/protection? | | |
| D14. In the past 12 mon | | | ○ Never | | |
| hit, kicked, punched feel afraid by someo | | | O Rarely (sunny beach days, boating, etc.) | | |
| _ | ne you kn | OW? | O Sometimes (most or all summer days) | | |
| ○ Yes ○ No | | | O Most of the time (most days year round) | | |
| D15. In your home, do y | ou have: | (include | , , , | | |
| those in a car, truck, area) | or outdoo | or storage | D21. How afraid are you that you will fall and hurt yourself in the next year? | | |
| a. Handgun(s): | | | ○ Very afraid | | |
| O Yes, some without | a child saf | ety lock or lock-up | Somewhat afraid Not at all afraid | | |
| O Yes, all with a child | safety loc | k or lock-up | D22. Are there things you have stopped doing because you are worried that you might fall? O Yes O No | | |
| ○ No | | | | | |
| b. Rifle(s) or shotgui | n(s): | | | | |
| Yes, some without | a child saf | ety lock or lock-up | D23. Have you fallen all the way to the ground in the last 12 months? O Yes O No | | |
| O Yes, all with a child | safety loc | k or lock-up | | | |
| ○ No | | | | | |
| D16. In the past 12 mon problem with any of or around your home | the follow | | D24. In the past year, have you had an accident resulting in a doctor's or emergency room visit? | | |
| a. Rodents | O Yes | O No | ○ Yes ○ No [SKIP TO D26] | | |
| b. Cockroaches | O Yes | O No | D25. Did this accident result from a fall? | | |
| c. Other insects | O Yes | O No | ○ Yes ○ No | | |
| D17. In the past 12 mon following pesticides | • | | D26. During the past 12 months, have you had a fire in your home? O Yes, called fire department | | |
| around your home? (MARK ALL THAT AF | אות אי | | Yes, extinguished fire myself | | |
| • | , | | ○ No | | |
| O Indoor household p | | | D27. During the past 12 months, have you | | |
| O Outdoor pest contr | ` | , | called 911 for emergency medical | | |
| Pest control for fres | • | • | services? | | |
| O Pet care (flea colla | rs, shampo | oos) | ○ Yes ○ No | | |
| No pesticides | | | I | | |



SECTION E. CHILDREN IN THE HOUSEHOLD (12 AND UNDER)

The questions in this section ask for information about each child (12 years old or younger) living in your household. Please take care to report as accurately as possible.

If there are more than four children living in your household, please provide information for the four youngest children.

| E1. Are there children 12 years living in the home? | or younger | O Yes O No [GO TO PAGE 19] | | | | |
|--|-----------------------------|-----------------------------|-----------------------------|-----------------------------|--|--|
| E2. How many CHILDREN aged your household? | l 0-5 live in | O None O 1 | 02 03 04 0 | 5 or more | | |
| E3. How many CHILDREN aged your household? | l 6-12 live in | ○ None ○ 1 | 02 03 04 0 | 5 or more | | |
| | Child #1 | Child #2 | Child #3 | Child #4 | | |
| E4. Child's date of birth: | / | | | / | | |
| | month year | month year | month year | month year | | |
| E5. Child's gender: | O Male O Female | O Male O Female | O Male O Female | O Male O Female | | |
| E6. What is the child's height? | | | | | | |
| | feet inches O Don't know | | |
| E7. What is the child's weight? | | | | | | |
| | pounds ○ Don't know | pounds O Don't know | pounds O Don't know | pounds O Don't know | | |
| E8. Do you think that the child is overweight? | ○ Yes ○ No | | |
| E9. Does the child have health care coverage or insurance? | O Yes O No | | |
| E10. Does the child have a doctor he or she sees regularly? | ○ Yes ○ No | O Yes O No | ○ Yes ○ No | ○ Yes ○ No | | |
| E11. Has the child been seen by a dentist in the past 12 months? | ○ Yes ○ No | | |
| - | | | | | | |



| | Child #1 | Child #2 | Child #3 | Child #4 | |
|--|---|-------------------------------|--|-------------------------------|--|
| E12. Has the child received an eye exam in the past 12 months? | O Yes O No | O Yes O No | O Yes O No | O Yes O No | |
| E13. Did the mother receive regular prenatal care during her pregnancy? | ○ Yes ○ No | O Yes O No | O Yes O No | O Yes O No | |
| E14. Did the mother smoke during pregnancy? | O Yes O No | O Yes O No | O Yes O No | O Yes O No | |
| E15. Did the mother use alcohol or drugs during pregnancy? | O Yes O No | O Yes O No | O Yes O No | O Yes O No | |
| E16. Was the child breast-fed? | the child breast-fed? O No O less than 1 month O 1 - 6 months O 7 months or more O No O less than 1 month O 1 - 6 months O 7 months or more O No O less than 1 month O 1 - 6 months O 7 months or more | | O No O less than 1 month O 1 - 6 months O 7 months or more | | |
| E17. Was the child born with any birth defect? The birth defect may have been diagnosed at birth or another age. | O Yes O No | O Yes O No | O Yes O No | O Yes O No | |
| E18. Did the child receive services through the Early Intervention Program when the child was 0-3 years old? (This is a program run by the state to aid children at risk.) | O Yes O No | O Yes O No | O Yes O No | O Yes O No | |
| E19. Has the child received all required vaccinations? | O Yes O No O Don't know | O Yes O No O Don't know | O Yes O No O Don't know | O Yes O No O Don't know | |
| E20. Has the child been tested for lead? | ○ Yes ○ No | O Yes O No | ○ Yes ○ No | O Yes O No | |
| E21. Has the child been diagnosed with any type of cancer? | O Yes O No If yes, what type? | O Yes O No If yes, what type? | O Yes O No If yes, what type? | O Yes O No If yes, what type? | |
| E22. Has the child been diagnosed with aplastic anemia? | O Yes O No | O Yes O No | ○ Yes ○ No | ○ Yes ○ No | |



| | Child #1 | Child #2 | Child #3 | Child #4 | |
|---|--|--|--|--|--|
| E23. Has the child had wheezing or whistling in his or her chest at all during the last 12 months? | O Yes O No | |
| E24. Does the child have asthma? | O Yes O No | |
| E25. Has the child been hospitalized for asthma in the last twelve months? | ○ Yes ○ No | ○ Yes ○ No | O Yes O No | ○ Yes ○ No | |
| E26. Has the child missed school because of asthma in the last twelve months? | ○ Yes ○ No | |
| E27. Has the child ever been diagnosed with depression or other emotional illness? | ○ Yes ○ No | |
| E28. On average, how many hours a week does the child watch TV or play video games? | O less than 5 O 5-9 O 10-14 O 15-19 O 20 or more | O less than 5 O 5-9 O 10-14 O 15-19 O 20 or more | O less than 5 O 5-9 O 10-14 O 15-19 O 20 or more | O less than 5 O 5-9 O 10-14 O 15-19 O 20 or more | |
| E29. What kind (if any) of safety device does the child most frequently use in the car? | O Car seat O Booster seat O Seat belt O None [SKIP TO E31] | O Car seat O Booster seat O Seat belt O None [SKIP TO E31] | O Car seat O Booster seat O Seat belt O None [SKIP TO E31] | O Car seat O Booster seat O Seat belt O None [SKIP TO E31] | |
| E30. How often does the child use the safety device described in the question above? | O Never O Rarely O Sometimes O Most of the time O Always | O Never O Rarely O Sometimes O Most of the time O Always | O Never Rarely Sometimes Most of the time Always | O Never O Rarely O Sometimes O Most of the time O Always | |
| E31. How often does the child ride in the front seat of the car? O Rarely O Sometimes O Most of the time | | O Never O Rarely O Sometimes O Most of the time O Always | O Never O Rarely O Sometimes O Most of the time O Always | NeverRarelySometimesMost of the timeAlways | |

| | Child #1 | Child #2 | Child #3 | Child #4 |
|--|-----------------|-----------------|-----------------|-----------------|
| FOO How of the documents | O Doesn't bike | O Doesn't bike | O Doesn't bike | O Doesn't bike |
| E32. How often does the child use a helmet when | O Never | O Never | O Never | O Never |
| bicycling? | O Sometimes | O Sometimes | O Sometimes | O Sometimes |
| and young. | O Always | O Always | O Always | O Always |
| E33. How often does the child | O Doesn't board | O Doesn't board | O Doesn't board | O Doesn't board |
| use a helmet when | O Never | O Never | O Never | O Never |
| skateboarding or | O Sometimes | O Sometimes | O Sometimes | O Sometimes |
| scootering? | O Always | O Always | O Always | O Always |
| E34. How often does the child | O Doesn't blade | O Doesn't blade | O Doesn't blade | O Doesn't blade |
| use a helmet when roller | O Never | O Never | O Never | O Never |
| blading or in line skating? | O Sometimes | O Sometimes | O Sometimes | O Sometimes |
| | O Always | O Always | O Always | O Always |

| 35. Do you think that the children in this household have enough positive relationships with friends and family members? | | | | | | | | | |
|--|---|---------------|---------|-------------|-------------|-----------------------|--|--|--|
| O Both frie | ends and far | nily O Friend | ls only | ○ Family on | nly O Neith | er friends nor family | | | |
| | 36. How often do the children in your household come to talk to you or another adult family member when they are troubled by their friends or issues at school? | | | | | | | | |
| ○ Never | ○ Rarely | O Sometimes | Often | | | | | | |

E37. In the past 12 months, how frequently have you had meaningful conversations about the following subjects with the children in your household?

| | Never | Rarely | Sometimes | Often |
|---|-------|--------|-----------|-------|
| a. Tobacco use | 0 | 0 | 0 | 0 |
| b. Drinking alcohol | 0 | 0 | 0 | 0 |
| c. Drug use | 0 | 0 | 0 | 0 |
| d. Riding with a drunk driver | 0 | 0 | 0 | 0 |
| e. Gun safety | 0 | 0 | 0 | 0 |
| f. Acting violently towards others | 0 | 0 | 0 | 0 |
| g. Being bullied or treated abusively | 0 | 0 | 0 | 0 |
| h. Feeling left out or ostracized | 0 | 0 | 0 | 0 |
| i. Talking with or accepting rides from strangers | 0 | 0 | 0 | 0 |
| j. Internet safety | 0 | 0 | 0 | 0 |
| k. Fire safety | 0 | 0 | 0 | 0 |



SECTION F. ADOLESCENTS IN THE HOUSEHOLD (AGES 13 TO 17)

The questions in this section ask for information about each adolescent (Ages 13 to 17 years old) living in your household. Please take care to report as accurately as possible.

If there are more than four adolescents living in your household, please provide information for the <u>four youngest adolescents</u>.

| F1. | . Are there adolescents aged 13 - 17 years living in the home? ○ Yes ○ No [GO TO G1 on PAGE 21] | | | | | | | | |
|-----|--|---------|----------|---------|--------|-----------|-------------|--|--|
| | ○ res | O NO | [GO IC | GI OII | FAGL | | | | |
| F2. | How many | ADOL | ESCEN' | TS aged | 13- 1 | 7 live in | n your hous | sehold? | |
| | O None | 01 | 02 | 03 | 0 4 | ○ 5 or | more | | |
| | Do you thi with friend | | | | - | our ho | usehold ha | ive enough positive relationships | |
| | O Both frie | nds and | d family | ○ Frie | nds or | nly O | Family only | O Neither friends nor family | |
| | | | | | | | | to talk to you or another adult ues at school? | |
| | O Never | ○ Rare | ely O | Sometim | es (| Often | | | |

F5. In the past 12 months, how frequently have you had meaningful conversations about the following subjects with the adolescents in your household?

| | Never | Rarely | Sometimes | Often |
|--|-------|--------|-----------|-------|
| a. Tobacco use | 0 | 0 | 0 | 0 |
| b. Drinking alcohol | 0 | 0 | 0 | 0 |
| c. Drug use | 0 | 0 | 0 | 0 |
| d. Riding with a drunk driver | 0 | 0 | 0 | 0 |
| e. Driving drunk | 0 | 0 | 0 | 0 |
| f. Maintaining sexual abstinence | 0 | 0 | 0 | 0 |
| g. Sexual health and sexually transmitted disease (STD) prevention | 0 | 0 | 0 | 0 |
| h. Pregnancy | 0 | 0 | 0 | 0 |
| i. Gun safety | 0 | 0 | 0 | 0 |
| j. Acting violently towards others | 0 | 0 | 0 | 0 |
| k. Being bullied or treated abusively | 0 | 0 | 0 | 0 |
| I. Feeling left out or ostracized | 0 | 0 | 0 | 0 |
| m. Talking with or accepting rides from strangers | 0 | 0 | 0 | 0 |
| n. Internet safety | 0 | 0 | 0 | 0 |
| o. Fire safety | 0 | 0 | 0 | 0 |



| | Adolescent #1 | Adolescent #2 | Adolescent #3 | Adolescent #4 |
|---|--------------------------|-----------------------------|-----------------------------|-----------------------------|
| F6. Adolescent's date of birth: | month year | month year | month year | month year |
| F7. Adolescent's gender: | O Male O Female | O Male O Female | O Male O Female | O Male O Female |
| F8. What is the adolescent's height? | feet inches O Don't know | feet inches O Don't know | feet inches O Don't know | feet inches O Don't know |
| F9. What is the adolescent's weight? | pounds O Don't know | pounds O Don't know | pounds O Don't know | pounds O Don't know |
| F10. Do you think the adolescent is overweight? | O Yes O No | O Yes O No | O Yes O No | O Yes O No |
| F11. Does the adolescent have health care coverage or insurance? | O Yes O No | O Yes O No | O Yes O No | O Yes O No |
| F12. Does the adolescent have a doctor he or she sees regularly? | O Yes O No | O Yes O No | O Yes O No | O Yes O No |
| F13. Has the adolescent had wheezing or whistling in his or her chest at all during the last 12 months? | O Yes O No | O Yes O No | ○ Yes ○ No | ○ Yes ○ No |
| F14. Does the adolescent have asthma? | O Yes O No | O Yes O No | O Yes O No | O Yes O No |
| F15. Has the adolescent been hospitalized for asthma in the last 12 months? | O Yes O No | ○ Yes ○ No | O Yes ○ No | ○ Yes ○ No |
| F16. Has the adolescent missed school because of asthma in the last 12 months? | ○ Yes ○ No | ○ Yes ○ No | ○ Yes ○ No | ○ Yes ○ No |





| | Adolescent #1 | Adolescent #2 | Adolescent #3 | Adolescent #4 |
|---|-------------------------------|-------------------------------|-------------------------------|----------------------------------|
| F17. Has the adolescent been diagnosed with any type of cancer? | O Yes O No If yes, what type? | O Yes O No If yes, what type? | O Yes O No If yes, what type? | O Yes O No If yes, what type? |
| F18. Has the adolescent been diagnosed with aplastic anemia? | ○ Yes ○ No | ○ Yes ○ No | ○ Yes ○ No | O Yes O No |
| F19. Has the adolescent received an eye exam in the past 12 months? | O Yes O No |
| F20. Has the adolescent been seen by a dentist in the past 12 months? | O Yes O No |
| F21. Has the adolescent ever been diagnosed with depression or other emotional illness? | ○ Yes ○ No | ○ Yes ○ No | ○ Yes ○ No | O Yes O No |

| J , | | | |
|-------|-------------|--|--|
| O Yes | O No | | |
| G1a W | /hat is it? | | |

G2. How much do you think each of the following influences illnesses such as multiple sclerosis, lupus, kidney disease, or cancer?

| | A lot | A little | Not at all | Don't know |
|---|-------|----------|------------|------------|
| a. Heredity | 0 | 0 | 0 | 0 |
| b. Diet | 0 | 0 | 0 | 0 |
| c. Chemicals and pollutants in the air or water | 0 | 0 | 0 | 0 |
| d. Exercise | 0 | 0 | 0 | 0 |

| G3. How concerned are you that the South Weymouth Naval Air Station | on (SWNAS) is affecting |
|---|-------------------------|
| people's health? | |

| Very concerned Somewhat concerned | Not very concerned | Not at all concerned |
|--|--|--|
|--|--|--|



G4. Do you think Weymouth should spend more, about the same, or fewer tax dollars on the following:

| | More | About the same | Fewer | Don't know |
|--|------|----------------|-------|------------|
| a. Public safety (Fire or Police Department) | 0 | 0 | 0 | 0 |
| b. Education in schools | 0 | 0 | 0 | 0 |
| c. Extracurricular activities in the schools (sports, music, arts) | 0 | 0 | 0 | Ο |
| d. Parks and recreational facilitites | 0 | 0 | 0 | 0 |
| e. Monitoring the environment for air quality | 0 | 0 | 0 | 0 |
| f. Monitoring the environment for water safety | 0 | 0 | 0 | 0 |
| g. Monitoring the environment for industrial pollutants | 0 | 0 | 0 | 0 |
| h. Public maintenance (street repair, garbage collection) | 0 | 0 | 0 | 0 |
| i. Public health (Emergency services, Health Department) | 0 | 0 | 0 | 0 |
| j. Transportation | 0 | 0 | 0 | 0 |

| G5. Which of these is the | most important area in which | Weymouth should spe | end more tax dollars? |
|---------------------------|------------------------------|---------------------|-----------------------|
| (CHOOSE ONE ONLY) | , | • | |

| O Public safety | Monitoring the environmen |
|-----------------|---|
|-----------------|---|

Transportation O Parks and recreational facilitites

G6. Do you have any additional comments you would like to share with the Town?

| - | | |
|---|--|--|
| | | |



O Education in schools Public maintenance

O Extracurricular activities in schools O Public health

Thank you for your time and for the effort you have taken to provide us with this information. We want to assure you that your responses are completely confidential and the information from this survey will never be presented in a way that could identify individual respondents.

If you have any questions about this project, please feel free to contact Carolyn Mansfield at JSI, (617) 482 - 9485.

Please return this survey in the enclosed postage paid envelope or mail it to:

JSI Research & Training 44 Farnsworth Street Boston, MA 02210

THANK YOU!

