# WEYMOUTH Health Needs Assessment 

This survey is to be filled out by the adult in your household whose birthday is coming up next

If you need additional assistance in completing this survey please call Carolyn Mansfield at 617-482-9485.

May 2002

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## Please Read Carefully

## Information and Instructions for Completing the Survey

Thank you for your willingness to complete this important survey. This survey is part of the Town of Weymouth's Health Needs Assessment. Your responses to this survey will be extremely helpful as the town works to set priorities, develop stronger health and social service programs, and advocate for the health of those living in Weymouth.

Your responses are completely confidential and your participation is voluntary. Information will never be presented in a way that could identify individual respondents. Access to completed surveys is restricted to members of the research team at John Snow, Inc. and questionnaires will be destroyed after the results have been compiled. If there is any question that you would prefer not to answer, you can skip over it. However, your response to each question is important to the project.

The adult in your household whose birthday is coming up next should complete this survey. This will help us to ensure that we obtain a representative sample of adults living in Weymouth. There are sections of the survey that will ask questions about different members of your household. In some sections you will be asked to answer questions about yourself. In other sections you will be asked about the children, adolescents or other adults in your household. The person filling out the survey should feel free to consult with other household members for information when completing the survey.

Directions: Fill in circles darkly and completely.


For text boxes, please stay within the lines.

r Please use a pen or \#2 pencil to complete the survey. r

If you have any questions or comments about this survey, please call Carolyn Mansfield at John Snow, Inc. (617-482-9485).
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## SECTION A. HOUSEHOLD

The questions in this section ask for information about you and your household.

A1. How long have you lived in Weymouth?
O Less than 1 year
01 to 5 years
O 6 to 10 years
O 11 to 20 years

- More than 20 years

A2. Please check the response that best describes your housing arrangement:
O In public/subsidized housing
O Rent a house, apartment or room
o Own a house or condo
O In a friend or relative's home
O "In-law" type apartment
○ Other: $\qquad$

A3. Was your home built before 1978 ?
$\circ$ Yes
$\downarrow$
O No
O Don't know/not sure

A4. If yes, has your home been tested and professionally treated, if necessary, for lead?
O Not tested
O Tested, not treated
O Tested and treated
o Don't know/not sure
A5. Have you had your home tested for radon (using a home test kit or a professional service)?
O Yes O No
O Don't know/not sure

A6. Do you have working smoke alarms in your home?
o Yes
O No
o Don't know/not sure

A7. Have you tested the battery of the smoke detectors in your home (by pushing the "test" button) in the last month?
o Yes
O No
O Don't have smoke detectors.

A8. Do you use a water treatment device or water filtration system in your home (for example, Brita tap or jug filters, undersink filter)?
o Yes
○ No

A9. Do you use public water for regular household use (including drinking, bathing and cooking)?
○ Yes ○ No

A10. Do you have a swimming pool at your residence?

- Yes O No [SKIP TO A12]

A11. If yes, do you have a four-sided fence with a self-locking gate around the pool?
O Yes ONo

A12. Do you have a wooden deck at your home? - Yes ○ No [SKIP TO A13]

A12a. If yes, does it have any pressure-treated lumber?

O Yes O No O Don't know/not sure

A13. Do you have wooden lawn furniture at your home?

- Yes O No [SKIP TO A14]

A13a. If yes, does it have any pressure-treated lumber?

O Yes
Don't know/not sure

A14. Do you have a wooden swing or playset at your home?
O Yes O No
[SKIP TO A15]

A14a. If yes, does it have any pressure-treated lumber?Yes O No
O Don't know/not sure

A15. Which of the following transportation services within Weymouth have you used in the past 6 months?
(MARK ALL THAT APPLY)
O MBTA Buses

- Ferry/ Water Shuttle

O Commuter Rail
O The Ride
O Wheelchair Car
O Taxi
O Other Elder Services Transportation
O Other $\qquad$
O None of these

A16. Have you missed any of the following because you did not have any transportation: (MARK ALL THAT APPLY)

O Medical appointment O Work
O Meetings
O School
O Social events
O Church
O None of the above

A17. Please indicate your total annual household income including all sources and types of income (i.e., wages, public assistance, child support, interest income, social security):
○ \$0-\$14,999
O \$50,000-\$74,999
O \$15,000-\$24,999
○ \$75,000-\$124,999

O \$25,000-\$34,999
O \$125,000 or more

○ \$35,000-\$49,999

A18. Do you have a personal computer in your home?
O Yes O No [SKIP TO Page 3]
A19. If yes, do you have access to the internet in your home?

O Yes, dial-up access
O Yes, high-speed access
O No internet access in the home
[SKIP TO Page 3]

A20. Have you installed any parental control software that puts a block on adult sites?

O Yes
O No children in the home
O No

## SECTION B. ADULTS IN THE HOUSEHOLD (18 AND ABOVE)

The questions in this section ask for information about each adult (18 years old and above) living in your household. Please take care to report as accurately as possible. If there are more than 3 other adults besides yourself living in your household, please provide information on yourself and the three oldest members.
You should feel free to consult with other household members for information when completing the survey.


|  | Yourself | Adult \#2 | Adult \#3 | Adult \#4 |
| :---: | :---: | :---: | :---: | :---: |
| B7. What is the adult's highest grade or level of school completed? | O Up to 8th grade Some high school HS grad/GED Some college Associate's degree Bachelor's degree Grad/prof degree | O Up to 8th grade <br> O Some high school <br> O HS grad/GED <br> O Some college <br> O Associate's degree <br> O Bachelor's degree <br> O Grad/prof degree | O Up to 8th grade Some high school HS grad/GED Some college Associate's degree Bachelor's degree Grad/prof degree | O Up to 8th grade Some high school HS grad/GED Some college Associate's degree Bachelor's degree Grad/prof degree |
| B8. What is the adult's sexual orientation? | O Heterosexual <br> O Bisexual <br> O Gay/Lesbian | Heterosexual Bisexual Gay/Lesbian | O Heterosexual <br> O Bisexual <br> O Gay/Lesbian | O Heterosexual Bisexual Gay/Lesbian |
| B9. Check the option that best describes the adult's current employment status (Full-time is defined as more than 35 hours per week.) | O Work full time <br> O Work part time <br> O Not working for pay | O Work full time <br> O Work part time <br> O Not working for pay | O Work full time <br> O Work part time <br> O Not working for pay | O Work full time <br> O Work part time <br> O Not working for pay |
| B10. Has the adult ever had trouble getting services or help because of a language barrier? | O Yes O No | O Yes O No | O Yes O No | O Yes O No |
| B11. How many close friends or relatives does the adult see at least once a month? | O 0 <br> O 1-3 <br> O 4-7 <br> O More than 7 | ○ 0 <br> O 1-3 <br> O 4-7 <br> O More than 7 | 00 <br> O 1-3 <br> O 4-7 <br> O More than 7 | O 0 <br> O 1-3 <br> O 4-7 <br> O More than 7 |
| B12. To which of the following groups does the adult belong? <br> (MARK ALL THAT APPLY) | O No groups <br> O Social groups(s) <br> O Church group(s) <br> O Volunteer group(s) <br> O Other group(s) | O No groups <br> O Social groups(s) <br> O Church group(s) <br> O Volunteer group(s) <br> O Other group(s) | O No groups <br> O Social groups(s) <br> O Church group(s) <br> O Volunteer group(s) <br> O Other group(s) | O No groups <br> O Social groups(s) <br> O Church group(s) <br> O Volunteer group(s) <br> O Other group(s) |


|  | Yourself |  | Adult \#2 |  | Adult \#3 |  | Adult \#4 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| B13. Does the adult sometimes have trouble understanding medical terminology that his/her health care provider tells him/her? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| B14. Is the adult limited, because of physical, mental or emotional problems? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| B15. Does the adult have any health problems that require the use of any of the following special equipment? | O Not needed <br> O Wheelchair <br> O Cane/walker <br> O Special bed <br> - Special print/phone <br> O Other: |  | O Not needed <br> O Wheelchair Cane/walker Special bed Special print/phone Other: |  | Not neededWheelchairCane/walkerSpecial bedSpecial print/phoneOther: |  | O Not needed <br> O Wheelchair <br> O Cane/walker <br> O Special bed <br> O Special print/phone <br> O Other: |  |
| B16. Does the adult need help handling personal care needs such as eating, bathing or getting around the house? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| B17. Does the adult need help handling every day chores such as going to the bank or shopping? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| B18. Does the adult have any medications he/she takes on a regular basis? | O Yes | O No [SKIP TO B20] | O Yes | $\begin{aligned} & \text { O No } \\ & \text { [SKIP TO } \\ & \text { B20] } \\ & \hline \end{aligned}$ | O Yes | $\begin{aligned} & \text { O No } \\ & \text { [SKIP TO } \\ & \text { B20] } \\ & \hline \end{aligned}$ | O Yes | O No [SKIP TO B20] |
| B19. If yes, does the adult have trouble managing taking these medications? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| B20. Has the adult ever had a heart attack? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| B21. Has the adult ever been treated for heart failure? (For example, had fluid in the lungs or told the heart was not pumping well.) | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |


|  | Yourself |  | Adult \#2 |  | Adult \#3 |  | Adult \#4 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| B22. Has adult ever been diagnosed with any of the following: |  |  |  |  |  |  |  |  |
| a. Lupus | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| b. Myasthenia gravis | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| c. Thyroid disorder | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| d. Any other autoimmune disease? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| B23. Has the adult ever been diagnosed with any disease of the kidney? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| B24. Has the adult ever been diagnosed with diabetes? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| B25. Has the adult ever been diagnosed with HIV/AIDS? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| B26. Has the adult ever been diagnosed with hepatitis A or B? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| B27. Has the adult ever been diagnosed with hepatitis $\mathbf{C}$ ? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| B28. Has adult ever been diagnosed with any of the following: |  |  |  |  |  |  |  |  |
| a. Multiple Sclerosis | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| b. Alzheimer's | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| c. Parkinson's | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| d. Lou Gehrig's Disease/ALS | - Yes | O No | - Yes | O No | O Yes | O No | O Yes | O No |
| e. Any other neurodegenerative disease? | O Yes |  | O Yes | O No | O Yes | O No | O Yes | O No |

$\square$

|  | Yourself |  | Adult \#2 |  | Adult \#3 |  | Adult \#4 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| B29. Has adult ever been diagnosed with any type of cancer? | O Yes O No If yes, what type? |  | O Yes O No If yes, what type? |  | O Yes O No If yes, what type? |  | O Yes O No If yes, what type? |  |
| B30. Has adult ever been diagnosed with aplastic anemia? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| B31. Has adult ever been diagnosed with any of the following: |  |  |  |  |  |  |  |  |
| a. Emphysema/COPD | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| b. Chronic Bronchitis | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| c. Asthma (even only as a child) | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| d. Any other problems with breathing? | O Yes |  | O Yes | O No | O Yes | O No | O Yes | O No |
| B32. During the past 12 months, has the adult had a flu shot? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| B33. During the past 12 months, has the adult had a pneumonia shot? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| B34. Has the adult every received a vaccination for any type of hepatitis? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| B35. Does the adult smoke tobacco regularly? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| B36. Does the adult smoke tobacco in the home? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |

## SECTION C. YOUR PERSONAL MEDICAL CARE

The questions in this section ask for information about your health, your health care insurance coverage, and the health care services you have received over the past 12 months.

C1. Would you say in general your health is:
o Excellent
O Very good
o Good
O Fair
o Poor

C2. Compared to one year ago, how would you rate your health in general now?

O Much better now than one year ago
O Somewhat better now than one year ago
O About the same as one year ago

- Somewhat worse now than one year ago

O Much worse now than one year ago

C3. Do you currently have any health insurance?
O Yes
O No
[SKIP TO C8]

C4. During the past 12 months, was there any time that you did not have any health insurance or coverage?
o Yes
O No

C5. What kind of health insurance do you have?
(MARK ALL THAT APPLY)
O Medicare
O Medicaid/Mass Health
O The military, CHAMPUS, TriCare or VA
O Private health plan or managed care (HMO)

C6. If you have Medicare, do you also purchase supplemental or Medigap insurance?

## O No O Yes O Don't have Medicare

C7. Who pays for your health insurance? (CHOOSE ONE ONLY)
o You or another individual pays all
O Employer pays a portion of the cost
O Employer pays all of the cost
O The government pays a portion of the cost
O The government pays all of the cost

## [SKIP TO C9]

C8. If you do not currently have health insurance or you have not had insurance in the past 12 months, what are the reasons why? (MARK ALL THAT APPLY)

O Always had health insurance in past 12 months
O My employer does not offer it
O I am self-employedI can't afford it
I am healthy and don't think I need it
Other: $\qquad$

C9. Do you have at least one person who you think of as your personal doctor or primary care provider?

C10. About how long has it been since you last visited a primary care provider for a routine check-up?
O Within the past year

- 1-2 years ago

0 3-5 years ago
O More than 5 years ago
O Never
C11. Where do you go most often when you are sick or need advice about your health? (CHOOSE ONE ONLY)
O A doctor's office or HMO
O A clinic or health center
O A hospital outpatient department
O A hospital emergency room

- An urgent care center

O Someplace else
C12. In the last 12 months, how many times did you go to an emergency room to receive medical care?
O None
O 1-2
O 3-4
O 5 or more

C13. How long has it been since you last visited a dentist or dental clinic for any reason?

O Never [SKIP TO C15]
O Within the past year [SKIP TO C15]
O 1-2 years ago
O 3-5 years ago

- More than 5 years ago

C14. What is the main reason you have not visited the dentist in the last year? (CHOOSE ONE ONLY)

O Fear, apprehension, pain, dislike going

- Cost
o Do not have/know a dentist
O Cannot get to the office/clinic
O No reason to go (no problems with teeth)
- Other priorities

C15. About how long has it been since you had your blood pressure taken by a doctor, nurse or other health professional?

O Within the past 6 months
O 6 months -1 year ago
0 1-2 years ago
O 3-5 years ago
O More than 5 years ago
o Never [SKIP TO C18]
C16. Have you ever been told by a doctor, nurse or other health professional that you have high blood pressure?
O Yes O No [SKIP TO C18]
C17. If yes, are you taking any medication for your high blood pressure?

- Yes O No

C18. Have you received a colonoscopy in the past 12 months?
O Yes
O No
O Don't know/not sure

C19. About how long has it been since you last had your blood cholesterol checked?

O Within the past 6 months
O 6 months - 1 year ago
0 1-2 years ago
O 3-5 years ago
O More than 5 years ago
O Never [SKIP TO C21]
O Don't know/not sure

C20. Have you ever been told by a doctor, nurse or other health professional that your blood cholesterol is high?

O Yes O No O Don't know/not sure

C21. Have you ever been told by a doctor that you have asthma?

○ Yes O No [SKIP TO C24]
C22. Do you still have asthma?
O Yes O No [SKIP TO C24]

C23. In the past 12 months, how many times have you received urgent (emergency) care services for your asthma?
O None
O 1-2
O 3-5
O 6 or more

C24. Have you ever been told by a doctor that you have diabetes?
O Yes, but only during pregnancy
O Yes

- No [SKIP TO C29]

C25. How long has it been since your last scheduled diabetes visit with a primary care provider, opthamalogist, podiatrist or other diabetes-related medical provider?

O Less than 6 months
O 6 to 12 months
O 1 to 2 years
○ 2 or more years
C26. Is your diabetes treated by any of the following:
(MARK ALL THAT APPLY)
O Modifying your diet
O Medications taken by mouth
O Insulin injections
O Not being treated
C27. Have you ever had any sores or irritations on your feet that took more than four weeks to heal?

O Yes O No

C28. Have you ever taken a course or class on how to manage your diabetes yourself?
O Yes O No

C29. Have you had shortness of breath either when hurrying on the level or walking up a slight hill?
O Yes
O No

C30. Have you ever been awakened by trouble breathing or shortness of breath, other than when you had a cold?

O Yes O No

C31. Have you ever had swelling in both ankles and/or legs that worsens as the day goes on?

O Yes, but only during pregnancy
O Yes
O No

C32. What is your current height?


O Don't know

C33. What is your current weight?

pounds
O Don't know

C34. Do you perceive your weight to be:
O Just right O Overweight O Underweight

C35. Has a doctor ever given you advice about your weight?
o Yes O No

C36. During the past year, have you lost 10 pounds or more without wanting to?

O Yes O No O Don't know/not sure

C37. During the past year, have you gained 10 pounds or more without wanting to?

O Yes O No O Don't know/not sure

C38. Has a doctor or any other health care provider ever told you that you have any of the following major impairments or health problems?
(MARK ALL THAT APPLY)

- Arthritis/rheumatism

O Back or neck injury
O Fractures, bone/joint injury
O Osteoporosis
O Eye/vision problem
O Hearing problem

- Stroke problem
- Depression/anxiety/emotional problem
- Sexually transmitted or venereal disease

O Other impairment/problem
O No major impairment or health problem

C39. Thinking about your physical health, which includes physical illness or injury, for how many days during the past 30 days was your physical health not good?


C40. Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?


C41. Do you have someone you can trust and confide in?

O Yes O No

C42. During the past 30 days, for about how many days have you felt sad, blue, or depressed?

days

C43. During the past 30 days, for about how many days have you felt worried, tense, or anxious?


C44. During the past 30 days, for about how many days have you felt you did not get enough rest or sleep?


C45. During the past 30 days, for about how many days have you felt very healthy and full of energy?


C46. Are you the primary caregiver for another adult with a chronic, long-term health condition?

O Yes O No [SKIP TO C53 if female /C58 if male] $\downarrow$

C47. What is your relationship to the care recipient?

- Spouse/Partner
O Sibling
O Daughter
O Friend
O Son
O Neighbor
O Daughter-in-law
O Grandchild
o Son-in-law
o Other relative
O Parent

C48. Do you receive formal support or services from an organization or group to help with your caregiving responsibilities?
O Yes O No
C49. Do you reside in the same household with the care recipient?

O Yes O No

C50. Are other family or friends involved with providing care for this individual?

O Yes O No
C51 Have you missed work, school or other important appointments as a result of your caregiving role?
O Yes
O No

C52. Would you say that providing this care is:
O Not at all stressful

- Somewhat stressful

O Quite stressful
O Extremely stressful

## FEMALE RESPONDENTS ONLY:

C53. Indicate which of the following services you have received in the past 12 months: (MARK ALL THAT APPLY)

- Pap smear

O Breast exam (by a medical provider)
o Mammogram
O Bone density check
O None of the above
C54. Have you ever tried to conceive a child for a period of 12 months or more and been unable to get pregnant?

- Yes O No

C55. Have you ever been pregnant, even if it did not result in a live birth?
O Yes O No [SKIP TO PAGE 12]
C56. If yes, how many times have you been pregnant?

pregnancies
C57. How many babies have been born (alive at birth) to you?

live births

## MALE RESPONDENTS ONLY:

C58. Indicate which of the following services you have received in the past 12 months:
(MARK ALL THAT APPLY)
O Prostate exam

- Testicular exam (by a medical provider)

O None of the above
C59. Have you ever tried for a period of 12 months or more to father a child and have been unsuccessful?
O Yes
O No
$\square$

## SECTION D. BEHAVIOR, SAFETY \& ENVIRONMENT

The questions in this section ask for information about your health-related behaviors, overall safety, and work and home environments.

D1. When you drive or ride in a vehicle, how often do you use a seat belt?
O I don't ride in any cars or trucks
O Never
O Rarely
O Sometimes
O Most of the time

- Always

D2. In the past 12 months, how often have you worn a helmet when riding a bike?

O I haven't ridden a bike in the past year
O Never
O Rarely
o Sometimes
O Most of the time
O Always
D3. During the past 30 days, other than your regular job, did you participate in any physical activity such as running, calisthenics, golf, gardening, or walking for exercise?
O Yes
O No
D4. What is your cigarette smoking behavior?
(CHOOSE ONLY ONE)

- Currently a smoker

O Never smoked
o Ex-smoker

[SKIP TO D8]
D5. On average, how many cigarettes a day do you smoke now?
O None [SKIP TO D8]
O 1-10
O 11-20
O 21-40
O More than 40
D6. Are you thinking about quitting smoking in the next 6 months?
O Yes O No [SKIP TO D8]

D7. When are you thinking about quitting?
$O$ In the next 6 months
O In the next 3 months
O In the next month
D8. During the past month, about how many days did you have any beer, wine or liquor?
O No days [SKIP TO D11]
O 1-4 days
0 5-10 days

- 11-20 days

O 21 or more days
D9. In the past month, on a typical day that you drank, about how much did you have to drink?
One drink means: a 12-ounce can or bottle of beer, or a 4-ounce glass of wine, or a 12-ounce wine cooler, or a 1-ounce shot glass of liquor or spirits (alone or in a mixed drink).
O No drinks
O Five drinks
O One drink
O Six drinks
O Two drinks
O Seven drinks

- Three drinks
O Eight or more drinks
O Four drinks

D10. In the past month, how often have you had 4 or more drinks in one sitting?

O Never
O 1-4 days this past month

- Once a week

O Several times/week
D11. In the past 12 months, have you used any of the following substances?
(MARK ALL THAT APPLY)
O Marijuana/Hashish
O Special K (Ketamine)
o Cocaine
O Other
O Heroin
O None
O Ecstasy (X)
$\square$

D12. In the past month, have you driven a car while under the influence of alcohol or drugs?
O Yes
○ No

D13. In the past month, have you been in the car with a driver who was under the influence of alcohol or drugs?
O Yes
O No

D14. In the past 12 months, have you ever been hit, kicked, punched, threatened, or made to feel afraid by someone you know?
O Yes
O No

D15. In your home, do you have: (include those in a car, truck, or outdoor storage area)
a. Handgun(s):

O Yes, some without a child safety lock or lock-up
O Yes, all with a child safety lock or lock-up
O No
b. Rifle(s) or shotgun(s):

O Yes, some without a child safety lock or lock-up
O Yes, all with a child safety lock or lock-up
O No
D16. In the past 12 months, have you had a problem with any of the following pests in or around your home?
a. Rodents
O Yes
O No
b. Cockroaches
O Yes O No
c. Other insects
O Yes
O No

D17. In the past 12 months, which of the following pesticides have been used in or around your home? (MARK ALL THAT APPLY)
O Indoor household pest control
O Outdoor pest control (for the lawn)
O Pest control for fresh foods you grow
O Pet care (flea collars, shampoos)

- No pesticides

D18. Do you have any dogs, cats or birds as pets in your home?
O Yes
O No

D19. Over the past year, have you noticed mold or mildew in your home?
O Yes
O No

D20. In the past 12 months, how often have you used sunblock/protection?

O Never
O Rarely (sunny beach days, boating, etc.)
O Sometimes (most or all summer days)
O Most of the time (most days year round)
D21. How afraid are you that you will fall and hurt yourself in the next year?

O Very afraid
O Somewhat afraid
O Not at all afraid
D22. Are there things you have stopped doing because you are worried that you might fall?
O Yes
O No

D23. Have you fallen all the way to the ground in the last 12 months?
O Yes
O No

D24. In the past year, have you had an accident resulting in a doctor's or emergency room visit?
O Yes
O No [SKIP TO D26]

D25. Did this accident result from a fall?
O Yes O No
D26. During the past 12 months, have you
had a fire in your home?
O Yes, called fire department
O Yes, extinguished fire myself
O No
D27. During the past 12 months, have you called 911 for emergency medical services?
O Yes No

## SECTION E. CHILDREN IN THE HOUSEHOLD (12 AND UNDER)

The questions in this section ask for information about each child (12 years old or younger) living in your household. Please take care to report as accurately as possible.
If there are more than four children living in your household, please provide information for the four youngest children.

$\square$

|  | Child \#1 |  | Child \#2 |  | Child \#3 |  | Child \#4 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| E12. Has the child received an eye exam in the past 12 months? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| E13. Did the mother receive regular prenatal care during her pregnancy? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| E14. Did the mother smoke during pregnancy? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| E15. Did the mother use alcohol or drugs during pregnancy? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| E16. Was the child breast-fed? | O No <br> O less <br> O 1 - <br> O 7 m | an 1 month onths ths or more | O No <br> O less <br> O 1 - <br> O 7 m | an 1 month onths ths or more | O No <br> O less <br> O 1-6 <br> O 7 m | han 1 month months ths or more | O No <br> O less <br> O 1 <br> O 7 m | an 1 month onths ths or more |
| E17. Was the child born with any birth defect? The birth defect may have been diagnosed at birth or another age. | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| E18. Did the child receive services through the Early Intervention Program when the child was 0-3 years old? (This is a program run by the state to aid children at risk.) | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| E19. Has the child received all required vaccinations? | O Yes <br> O No <br> O Don |  | O Yes <br> O No <br> O Don't know |  | O Yes <br> O No <br> O Don't know |  | $\begin{array}{\|l} \text { O Yes } \\ \text { O No } \\ \text { O Don't know } \end{array}$ |  |
| E20. Has the child been tested for lead? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |
| E21. Has the child been diagnosed with any type of cancer? | O Yes If yes, | O No hat type? | O Yes O No If yes, what type? |  | O Yes O No If yes, what type? |  | O Yes O No If yes, what type? |  |
| E22. Has the child been diagnosed with aplastic anemia? | O Yes | O No | O Yes | O No | O Yes | O No | O Yes | O No |


|  | Child \#1 | Child \#2 | Child \#3 | Child \#4 |
| :---: | :---: | :---: | :---: | :---: |
| E23. Has the child had wheezing or whistling in his or her chest at all during the last 12 months? | O Yes O No | O Yes O No | O Yes O No | O Yes O No |
| E24. Does the child have asthma? | O Yes O No | O Yes O No | O Yes O No | O Yes O No |
| E25. Has the child been hospitalized for asthma in the last twelve months? | O Yes O No | O Yes O No | O Yes O No | O Yes O No |
| E26. Has the child missed school because of asthma in the last twelve months? | O Yes O No | O Yes O No | O Yes O No | O Yes O No |
| E27. Has the child ever been diagnosed with depression or other emotional illness? | O Yes O No | O Yes O No | O Yes O No | O Yes O No |
| E28. On average, how many hours a week does the child watch TV or play video games? | less than 5 5-9 10-14 15-19 20 or more | less than 5 5-9 10-14 15-19 O 20 or more | less than 5 5-9 10-14 15-19 20 or more | less than 5 5-9 10-14 15-19 20 or more |
| E29. What kind (if any) of safety device does the child most frequently use in the car? | O Car seat <br> O Booster seat <br> O Seat belt <br> O None <br> [SKIP TO E31] | O Car seat Booster seat Seat belt None [SKIP TO E31] | O Car seat <br> O Booster seat <br> O Seat belt <br> O None ${ }^{\text {[SKIP TO }}$ <br> E31] | O Car seat Booster seat Seat belt None [SKIP TO E31] |
| E30. How often does the child use the safety device described in the question above? | Never Rarely Sometimes Most of the time Always | O Never Rarely Sometimes Most of the time Always | O Never Rarely Sometimes Most of the time Always | O Never Rarely Sometimes Most of the time Always |
| E31. How often does the child ride in the front seat of the car? | O Never Rarely Sometimes Most of the time Always | O Never Rarely Sometimes Most of the time <br> O Always | Never Rarely Sometimes Most of the time O Always | O Never <br> O Rarely <br> O Sometimes <br> O Most of the time <br> O Always |

$\square$

|  | Child \#1 | Child \#2 | Child \#3 | Child \#4 |
| :---: | :---: | :---: | :---: | :---: |
| E32. How often does the child use a helmet when bicycling? | O Doesn't bike Never Sometimes Always | Doesn't bike Never Sometimes Always | O Doesn't bike Never Sometimes Always | O Doesn't bike Never Sometimes Always |
| E33. How often does the child use a helmet when skateboarding or scootering? | Doesn't board Never Sometimes Always | Doesn't board Never Sometimes Always | O Doesn't board <br> O Never <br> O Sometimes <br> O Always | Doesn't board Never Sometimes Always |
| E34. How often does the child use a helmet when roller blading or in line skating? | Doesn't blade Never Sometimes Always | Doesn't blade Never Sometimes Always | O Doesn't blade Never Sometimes Always | O Doesn't blade Never Sometimes Always |

E35. Do you think that the children in this household have enough positive relationships with friends and family members?
O Both friends and family
O Friends only
O Family only
Neither friends nor family

E36. How often do the children in your household come to talk to you or another adult family member when they are troubled by their friends or issues at school?

> O Never ○ Rarely ○ Sometimes O Often

E37. In the past 12 months, how frequently have you had meaningful conversations about the following subjects with the children in your household?

|  | Never | Rarely | Sometimes | Often |
| :---: | :---: | :---: | :---: | :---: |
| a. Tobacco use | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| b. Drinking alcohol | 0 | $\bigcirc$ | $\bigcirc$ | 0 |
| c. Drug use | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| d. Riding with a drunk driver | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| e. Gun safety | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| f. Acting violently towards others | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| g. Being bullied or treated abusively | 0 | $\bigcirc$ | $\bigcirc$ | 0 |
| h. Feeling left out or ostracized | 0 | 0 | 0 | 0 |
| i. Talking with or accepting rides from strangers | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| j. Internet safety | 0 | 0 | 0 | 0 |
| k. Fire safety | O | O | $\bigcirc$ | O |

## SECTION F. ADOLESCENTS IN THE HOUSEHOLD (AGES 13 TO 17)

The questions in this section ask for information about each adolescent (Ages 13 to 17 years old) living in your household. Please take care to report as accurately as possible.
If there are more than four adolescents living in your household, please provide information for the four youngest adolescents.

F1. Are there adolescents aged 13-17 years living in the home?
$\bigcirc$ Yes $O$ No [GO TO G1 on PAGE 21]
F2. How many ADOLESCENTS aged 13- 17 live in your household?
O None
01
02
03
04
05 or more

F3. Do you think that the adolescents in your household have enough positive relationships with friends and family members?
O Both friends and family ○ Friends only ○ Family only ○ Neither friends nor family
F4. How often do the adolescents in your household come to talk to you or another adult family member when they are troubled by friends or issues at school?
O Never
O Rarely
O Sometimes
O Often

F5. In the past 12 months, how frequently have you had meaningful conversations about the following subjects with the adolescents in your household?

|  | Never | Rarely | Sometimes | Often |
| :---: | :---: | :---: | :---: | :---: |
| a. Tobacco use | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| b. Drinking alcohol | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| c. Drug use | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | 0 |
| d. Riding with a drunk driver | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| e. Driving drunk | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| f. Maintaining sexual abstinence | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| g. Sexual health and sexually transmitted disease (STD) prevention | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| h. Pregnancy | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| i. Gun safety | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| j. Acting violently towards others | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| k. Being bullied or treated abusively | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| I. Feeling left out or ostracized | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| m . Talking with or accepting rides from strangers | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| n. Internet safety | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| o. Fire safety | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |


|  | Adolescent \#1 | Adolescent \#2 | Adolescent \#3 | Adolescent \#4 |
| :---: | :---: | :---: | :---: | :---: |
| F6. Adolescent's date of birth: |  | month <br> year |  |  |
| F7. Adolescent's gender: | O Male <br> O Female | O Male <br> O Female | O Male <br> O Female | O Male <br> O Female |
| F8. What is the adolescent's height? | feet <br> inches Don't know | feet <br> inches Don't know | feet <br> inches Don't know | feet inches Don't know |
| F9. What is the adolescent's weight? | pounds Don't know | pounds Don't know |  | pounds Don't know |
| F10. Do you think the adolescent is overweight? | O Yes O No | O Yes O No | O Yes O No | O Yes O No |
| F11. Does the adolescent have health care coverage or insurance? | O Yes O No | O Yes O No | O Yes O No | O Yes O No |
| F12. Does the adolescent have a doctor he or she sees regularly? | O Yes O No | O Yes O No | O Yes O No | O Yes O No |
| F13. Has the adolescent had wheezing or whistling in his or her chest at all during the last 12 months? | O Yes O No | O Yes O No | O Yes O No | O Yes O No |
| F14. Does the adolescent have asthma? | O Yes O No | O Yes O No | O Yes O No | O Yes O No |
| F15. Has the adolescent been hospitalized for asthma in the last 12 months? | O Yes O No | O Yes O No | O Yes O No | O Yes O No |
| F16. Has the adolescent missed school because of asthma in the last 12 months? | O Yes O No | O Yes O No | O Yes O No | O Yes O No |


|  | Adolescent \#1 | Adolescent \#2 | Adolescent \#3 | Adolescent \#4 |
| :---: | :---: | :---: | :---: | :---: |
| F17. Has the adolescent been diagnosed with any type of cancer? | O Yes O No If yes, what type? | O Yes O No If yes, what type? | O Yes O No If yes, what type? | O Yes O No If yes, what type? |
| F18. Has the adolescent been diagnosed with aplastic anemia? | O Yes O No | O Yes O No | O Yes O No | O Yes O No |
| F19. Has the adolescent received an eye exam in the past 12 months? | O Yes O No | O Yes O No | O Yes O No | O Yes O No |
| F20. Has the adolescent been seen by a dentist in the past 12 months? | O Yes O No | O Yes O No | O Yes O No | O Yes O No |
| F21. Has the adolescent ever been diagnosed with depression or other emotional illness? | O Yes O No | O Yes O No | O Yes O No | O Yes O No |

## SECTION G. WEYMOUTH CONCERNS

G1. Have you ever felt ill or had a health problem you believe was caused by the air, water, or soil in your neighborhood?

O Yes O No
G1a. What is it?

G2. How much do you think each of the following influences illnesses such as multiple sclerosis, lupus, kidney disease, or cancer?
A lot
A little
Not at all
Don't know

| a. Heredity | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| :---: | :---: | :---: | :---: | :---: |
| b. Diet | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| c. Chemicals and pollutants in the air or water | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| d. Exercise | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |

G3. How concerned are you that the South Weymouth Naval Air Station (SWNAS) is affecting people's health?

O Very concerned O Somewhat concerned O Not very concerned O Not at all concerned

G4. Do you think Weymouth should spend more, about the same, or fewer tax dollars on the following:

More About the same Fewer Don't know

| a. Public safety (Fire or Police Department) | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | 0 |
| :---: | :---: | :---: | :---: | :---: |
| b. Education in schools | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | 0 |
| c. Extracurricular activities in the schools (sports, music, arts) | O | $\bigcirc$ | $\bigcirc$ | 0 |
| d. Parks and recreational facilitites | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | 0 |
| e. Monitoring the environment for air quality | $\bigcirc$ | O | $\bigcirc$ | 0 |
| f. Monitoring the environment for water safety | 0 | O | $\bigcirc$ | 0 |
| g. Monitoring the environment for industrial pollutants | $\bigcirc$ | 0 | $\bigcirc$ | 0 |
| h. Public maintenance (street repair, garbage collection) | O | O | O | 0 |
| i. Public health (Emergency services, Health Department) | O | 0 | O | 0 |
| j. Transportation | $\bigcirc$ | 0 | $\bigcirc$ | 0 |

G5. Which of these is the most important area in which Weymouth should spend more tax dollars? (CHOOSE ONE ONLY)
O Public safety
O Education in schools
O Monitoring the environment
O Extracurricular activities in schools
o Public maintenance
o Parks and recreational facilitites
O Public health
O Transportation

G6. Do you have any additional comments you would like to share with the Town?
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\square$

Thank you for your time and for the effort you have taken to provide us with this information. We want to assure you that your responses are completely confidential and the information from this survey will never be presented in a way that could identify individual respondents.

If you have any questions about this project, please feel free to contact Carolyn Mansfield at JSI, (617) 482-9485.

Please return this survey in the enclosed postage paid envelope or mail it to:

JSI Research \& Training

44 Farnsworth Street
Boston, MA 02210

## THANK YOU!

